

PERSONAL DISCIPLESHIP PLAN

Name _____

Date _____

Mission Unit # _____

ROOTED IN CHRIST

[See *Rooted in Christ* pdf]

How / when do you currently practice:

- ❖ solitude

- ❖ prayer

- ❖ time in scripture

- ❖ active involvement in The Church

What other "rooted" disciplines do you practice?

List two or more specific goals for further deepening your spiritual roots:

BUILT ON CHRIST

[See *Deeper One Page* pdf]

List at least one way you will engage and deepen your personal discipleship in each of these areas:

- ❖ **HEAD**
(renewed mind, thought practices, doctrinal understanding, deeper wisdom, etc.)

- ❖ **HEART**
(trusting God, abiding in Christ, surrendering to his Lordship, sensing the Spirit, etc.)

- ❖ **HANDS**
(obedience, actions, interactions, service, vocation, availability to God and others, etc.)

- ❖ **FEET**
(following in Christ's footsteps, stepping into God's mission & purpose for each of his children, etc.)

LIVING FOR CHRIST

[See *Rooted in Christ* pdf]

List some ways you currently express / engage in:

- ❖ humble service

- ❖ faithful witness

- ❖ sacred justice

- ❖ generous giving

- ❖ deeper wisdom

- ❖ joyful thanks

- ❖ patient suffering

- ❖ willing sacrifice

Which of these are the most unnatural for you? Why?

List two or more specific goals for further developing & displaying your most unnatural attitudes / actions: